



## WHISSENDINE COVID-19 SUPPORT UPDATE 6<sup>th</sup> APRIL 2020

Although you may not need it now, a friend, family member, neighbour, or even you may require assistance.

Whissendine COVID-19 Action Group, co-ordinated by the Parish Council, is here to support and keep our community safe. We must stress the importance of staying at home, only leaving when absolutely necessary. All vulnerable groups and families with symptoms must self-isolate to protect our community. We are working with Rutland County Council who are providing us with support and information.

**Please do not hesitate** to get in touch: Contacts are

Alison Keal [thekeals@btinternet.com](mailto:thekeals@btinternet.com) **01664 474037** (Good Neighbour Scheme)

Gwen Griffiths [gwen@millgrove.me.uk](mailto:gwen@millgrove.me.uk) **01664 474425** (Good Neighbour Scheme)

Reverend Deborah Marsh [debmarsh37@yahoo.com](mailto:debmarsh37@yahoo.com) **01664 474652**

Whissendine Parish Council [whisspcclerk@gmail.gov.uk](mailto:whisspcclerk@gmail.gov.uk)

Rosemary Powell [rpowell@rutland.gov.uk](mailto:rpowell@rutland.gov.uk) **01664 474257** (County Councillor)

**Good Neighbour Scheme: 0750 0599635** is helpline number for help with collecting groceries or prescriptions. We suggest you request delivery of your repeat prescriptions from your Pharmacy if at all possible.

**Website:** [www.Whissendine.net](http://www.Whissendine.net)

**Facebook:** Whissendine Community Support

**Email updates** are being sent to village groups to share with their members. If you are not already on a group list and would like to receive these updates please contact Jean Penny: [jean.penny@btinternet.com](mailto:jean.penny@btinternet.com)  
tel: **01664 474008**

## RUTLAND COUNTY COUNCIL

**Helpline for people in crisis-** for anyone who is 'shielding' and has concerns about their access to food and medicine or they are feeling isolated and require support. And also for anyone who does not meet the government's criteria for 'extremely vulnerable' but due to their circumstances still require immediate support including vulnerable, self-isolating individuals who have nobody to get them food and medicines and are not in receipt of a government food parcel. **Call 01572 729603** Monday to Friday 9am to 8pm

**Support for businesses, employees, self- employed and those in financial hardship**

Visit the website for up to date information and advice for residents and on services available [www.rutland.gov.uk](http://www.rutland.gov.uk)  
or call **01572 722577**

## SHIELDING

The NHS have been contacting people who are extremely vulnerable to COVID-19 because they have a serious health condition. These people being advised to stay indoors and avoid contact with others for 12 weeks, during which time they will receive regular deliveries of food and medicines as part of a national support scheme. Anyone who feels they should be classed as 'extremely vulnerable' but has not received a letter from the NHS or been contacted by their GP is advised to speak to their GP or hospital clinician.

**Domestic abuse** The Police have reported an increase in incidents of domestic abuse nationally since COVID-19 and people being asked to stay home. The Silent Solution is for victims of domestic abuse who might be afraid of further danger and escalation of harm if they are overheard when calling 999 in an emergency. When somebody calls 999, an operator will ask which emergency service is required. If the caller is unable to audibly signal to the operator, the call will be forwarded to an operating system. If 55 is pressed by the caller, the system will detect this. The operator will then transfer the call to the relevant police force as an emergency.

### HOW YOU CAN HELP

Firstly, and probably most important of all, we want to look after our neighbours. Do check on your neighbours and keep in regular touch. We all need to make sure we have someone to contact if needed.

**Would you like someone to chat to in this period of isolation?** Get in touch with one of the contacts above and they can arrange

**Volunteer for the Good Neighbour scheme or to speak to someone on the 'phone**

**Do you have a medical background?** If a neighbour or someone in the Parish is unwell, would you be happy to give advice or support medically? If you are prepared to do this, let us know and we may put you in contact with someone needing advice and support.

**Keep up to date** with latest advice and information on Government, NHS and Rutland County Council websites and share this with anyone who does not have internet access.

**And please clear up after your dog!**

### VILLAGE INFORMATION

**The play area is closed.** Please make sure children DO NOT play on the equipment

**White Lion Inn is doing takeaways** Wednesdays, Fridays and Saturdays 5pm until 8pm **01664 474233**  
Please order before 5pm. Order on the day you want the food – they cannot take orders in advance.  
(Please do not email your order or leave phone messages) **And can help by fetching provisions or prescriptions** for anyone who is unable to leave their homes. Email: [info@whitelioninn.com](mailto:info@whitelioninn.com): Please see Facebook or Website for updates: [www.whitelioninn.com](http://www.whitelioninn.com)

**Village Shop is open 9am until 5pm Monday to Saturday and 9am until 12 noon Sunday.** The Post Office is currently closed. You can phone and order supplies which can be delivered to those who are self-isolating. Text Suraj on **07475 087708** or call **01664 474172**

**Waste collection** is operating normally at the moment but they are stretched and cannot accept any bulk collections or side waste and the Civic Amenity Sites are closed.

**St Andrews Church** is now closed but there are notices in the porch and a basket for prayer slips.

If you are self-isolating and have no access to the internet, don't worry, call us and we can provide information by post. If there is anything that is not covered in this leaflet, or any particular help and support that you feel you require, please get in touch. Stay Safe and follow government guidelines.

We plan to distribute the next edition of Grapevine in late April unless circumstances change. Articles by 17<sup>th</sup> April to Gary Marsh 3, Paddock Close, LE15 7HW: tel **01664 464652** [whissendinegrapevine@gmail.com](mailto:whissendinegrapevine@gmail.com)